



Stefanos N. Kales MD, MPH, FACP, FACOEM

Dr. Kales is an Associate Professor of Medicine at Harvard Medical School, and Associate Professor & Director of the Occupational Medicine Residency at the Harvard School of Public Health (HSPH). Dr. Kales is also the Chief of Occupational & Environmental Medicine and Medical Director for Employee Health & Industrial Medicine at the Cambridge Health Alliance, a Harvard-affiliated hospital system. He has participated in a wide range of research, advisory and teaching activities on five continents resulting in over 85 publications and wide recognition nationally and internationally.

His primary research involves firefighters' health, and he is an international clinical authority regarding cardiovascular disease among emergency responders. With significant expertise on obesity and cardio-metabolic risk factors in general, he collaborates with other scientific groups on the interfaces between the workplace and metabolic health effects. As a result, he participates in Harvard's Cardiovascular Epidemiology Program, and Harvard Medical School's Division of Sleep Medicine.

In 2006, Dr. Kales was selected to lead the Harvard Occupational Medicine Residency. This program is Harvard's only preventive medicine residency, and the premier Occupational Medicine program in the US. Since 2006, Harvard OM trainees have received 12 national awards. New innovations include: a unique combined residency in Internal Medicine and Occupational Medicine based at Cambridge Health Alliance and HSPH; the Initiative for Productivity and Health Management to maximize workforce health to the benefit both employees and their employers; and a Complementary Pathway for training mid-career Occupational Medicine professionals.